

SAINTS PHILIP AND JAMES HEALTH OFFICE INFORMATION



With the health and safety of our students as the utmost importance, together with the New York State Department of Education have the following guidelines:

PHYSICAL EXAMINATION AND IMMUNIZATIONS

Students entering Nursery, Pre-K, K, 1, 3, 5 and 7 are mandated by New York State Law to have a physical examination on file. Proof of examination must be documented by a license physician, physical assistant, or nurse practitioner. **Physical examination must be dated within twelve months of the first day of school.** The school doctor is available each year to perform this basic examination.

Prior to admission to school, every child must be properly immunized according to NYS law. Proof of immunizations or a medical reason why the child cannot be immunized must be submitted at the time of registration.

Sports Participation requires additional paperwork, including a health screening/medical update form. All paperwork must be reviewed by the School physician before clearance is granted. Please contact the health office with any questions.

YEARLY HEALTH SURVEY

A yearly health survey must be completed annually to update your child's health information and his/her emergency contacts. The health survey is sent home the first week of school each year.

MEDICATIONS

All medications, including over the counter, such as Tylenol or Motrin must be accompanied by a by a specific written doctor's orders and written parental consent, for each school year. Medication forms are available in the Health Office. Medications must be in an original labeled container and locked in the health office. **Medication must be brought to the health office by an adult, no student is permitted to carry medicine without a self carry order.** A notice will be sent at the end of each school year to pick up stored medication or it will be discarded.

GYM EXCLUSIONS:

A doctor's note is required if your child is to be excused from gym class. This note must indicate the reason for exclusion, as well as the duration. **Children excused from gym class may not participate in recess.** If your child requires the use of a splint, cast or crutches please contact the health office to discuss any additional assistance that may be necessary.

ABSENCE FROM SCHOOL:

If your child will be absent from school, we request that you call the health Office and report the absence. Upon your child's return, please provide an absence note.

VISITS TO THE HEALTH OFFICE:

When a child comes in to the Health Office, the child is logged in and their needs are attended to. If a child is sent back to class and comes into the office for a second time, the parent is usually called. If the child vomits or runs a fever greater than 100.3, the child needs to be picked up as soon as possible. If parents are unable to be contacted, we will go to the emergency contacts provided on the yearly health survey. A sick child should go home as soon as possible to prevent the spread of illness.

To help ensure the well-being of your child and their classmates,

Please keep your child home when:

1. Vomiting has occurred within the past 24 hours.
2. Diarrhea has occurred within the past 24 hours.
3. There has been a temperature of 100.3 degrees or more within the past 24 hours.
4. There are symptoms of acute illness such as a persistent cough, sneezing and/or runny nose with body aches.
5. There is an unexplained rash.
6. One or both eyes are red, itchy and painful and or have crusted matter or discharge in them.
7. Head lice that have not been treated.
8. There is a recent (less than 24 hours) diagnosis of Strep Throat or less than 3 doses of antibiotic therapy.

Your child may return to school when:

1. He or she looks and behaves normally for 24 hours.
2. Temperature is normal for 24 hours.
3. He or she had been on antibiotics for 24 hours.
4. Eyes are no longer pink from conjunctivitis or have been on eye drops for 24 hours.
5. Head lice which have been treated and all nits are removed. **The parent must bring the child into the nurse's office for a head check before the child can return to class and ride the bus.**

****Good communication from parents will enable us to provide the highest level of health care to your children. If you have any questions or your child has special needs, please call the Health Office at 631-584-7896**